



# Club News

EDITION 14 – 2009/2010

## Nagano Marathon

Congratulations to Lisa Weightman who competed in the Nagano Olympic Commemorative Marathon in Japan on the 18<sup>th</sup> of April and finished in 1<sup>st</sup> place in a PB time of 2:28:48 – a fantastic result. Go Lisa!

## High Velocity Club

*Box Hill, April 8*

Dominic Sutton	400m	49.56
Chris Mullins	400m	54.74

## AV All Comers Meet

*Olympic Park, April 10*

Jai Edmonds	3000m	9.06.08 PB
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## Ballarat Gift

*April 11*

Chris Mullins	Heat	14.7	1 <sup>st</sup>
	Final	13.7	1 <sup>st</sup>

## Australian Athletics Championships

*Perth, April 15-18*

Dominic Sutton	800m - Heat	1.51.5
Chris Mullins	100m - Final	12.26
	400m - Final	55.20
	3 <sup>rd</sup> Place – Bronze Medal	

## FOR SALE

Season 08/09 - Presentation CD's -  
\$10.00  
Club Sports Bags - \$25.00

## Winter Competition

For athletes competing in Cross Country and Race Walking events over the winter months, you need to put in your AV registration now. See Shirley at training for a registration form.



## APRIL

Brice Campbell  
Gerard Sutton  
Kim Marangon  
Georgia Marangon  
Cheryl Duff  
Liam Saliba  
Hannah O'Neill  
Beau Dimauro  
Kimberley Smithson