



# Club News

EDITION 3 – Winter 2010

## Lisa's record breaking Gold Coast win

Lisa Jane Weightman set a course record of 1:09:00 on her way to victory at the Gold Coast Airport Half Marathon. Go Lisa!

Lisa improved on the previous record by 38 seconds and set the fastest performance ever for the distance on Australian soil!

### Results

#### *Road Racing*

##### **Ballarat 19<sup>th</sup> June**

Jai Edmonds U18 5km 17.15

##### **Gold Coast Half Marathon 4<sup>th</sup> July**

Lisa Jane Weightman 1.09.00 - *event record and fastest ever in Australia*

#### *Race Walking*

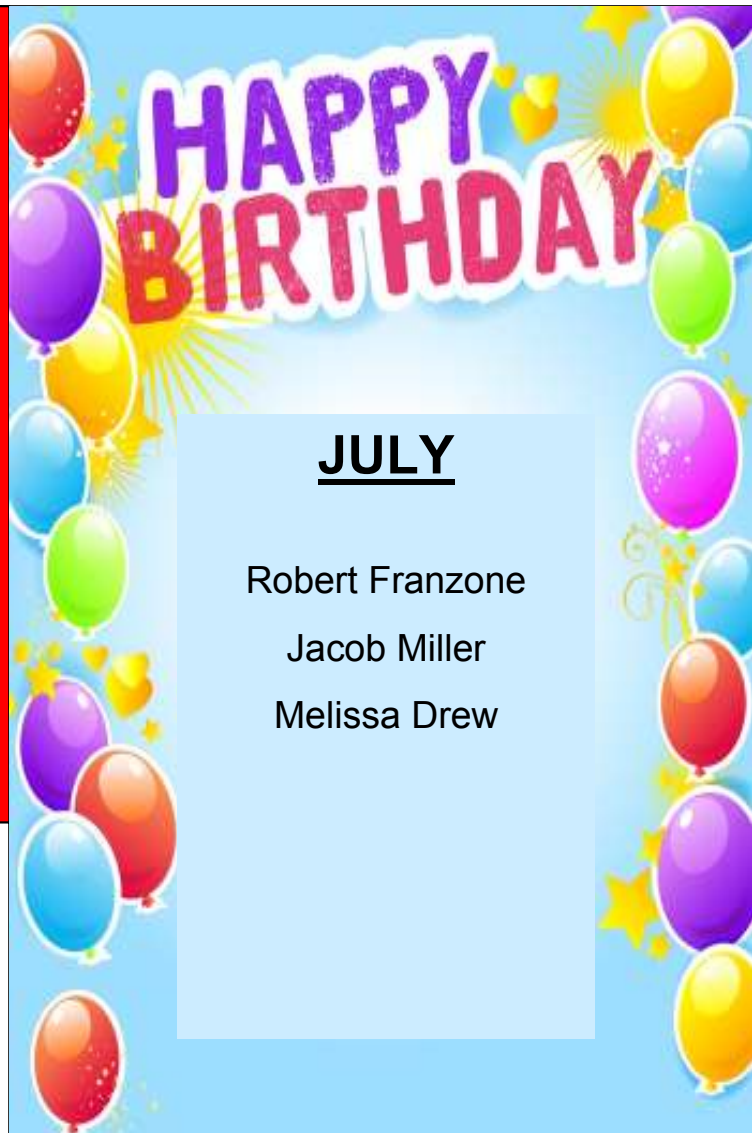
##### **Albert Park 27<sup>th</sup> June**

Aaron McDonough 20km 1.50.36 *PB*  
AMA/VMA M35 1<sup>st</sup>, AV Championships 2<sup>nd</sup>

### FOR SALE

Season 08/09 - Presentation CD's -  
\$10.00

Club Sports Bags - \$25.00



### JULY

Robert Franzone

Jacob Miller

Melissa Drew

**Deepest sympathy to Neville, Ruth and Rebecca on their sad loss of their son and brother**

*From the Committee and members of Preston Athletics Club*

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Thank you to the following organizations for their generous support of the Preston Athletic Club Inc.

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