



Club News

EDITION 13 – Summer 2011/2012

Briggs Track Classic

Good luck to Darcy Sutton (800m), Dominic Sutton (800m) and Frank Brisevac (Triple Jump) who are competing at the Briggs Track Classic in Hobart this weekend.

Shield Final

The AV Shield Final is on the 11th of February from 10am – 7pm.
If you are unable to compete please let Shirley know ASAP.

This week at Aberfeldie (4pm start) is the last round of regular competition!

Thank you!

Our helpers at last week's competition:

Joe Inchincoli Shane McCasker John DeBono Robert Franzone
Rowan Ripper Donna Campbell Christopher Shepherd
Mark Arnold David Long

and all the people who helped with the hurdles.

Tattslotto Results

21/1/2012

37	Nev & Ruth Kane	\$20
26	Vanessa Henderson	\$10

If you haven't paid for your tatts number please see Loretta Inchincoli ASAP – there is only 1 week to go!

Victorian Little Athletics Relay Championships

*Congratulations to Keely Henderson and Brieanna Musgrave who won 2 gold medals (4x100m mixed, 4x200m mixed) and 1 silver medal (4x200m) at last weekend's relay championships.
Well done!*

Club Duty Roster

Round 12 – 4th Feb @ Aberfeldie

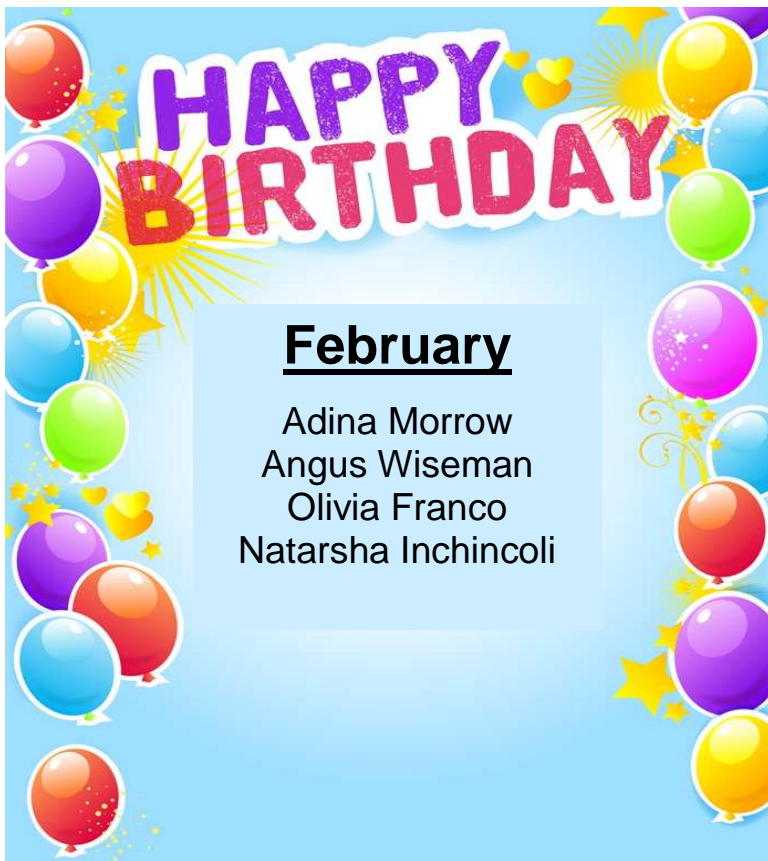
- Long Jump (Pit 2)
- Setup Sprint hurdles
- Relay 4x100m

Club Merchandise

Sports Bags	\$25
Singlets	\$35
Croptops	\$35
Hoodies	\$35 (\$40 with name)

Dates to Remember

- 4th Feb AV Shield Round 12 @ Aberfeldie – Prog 2, 4pm
- 11th Feb AV Shield Final @ Lakeside Stadium
- 24-26 Feb Victorian Junior Track & Field Championships
- 9-10 Mar Victorian Open Track & Field Championships
- 14-18 Mar Australian Junior Track & Field Championships
- 5-9 Apr Australian Masters Track & Field Championships
- 13-15 Apr Australian Open Track & Field Championships





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Season Best Performances – Round 11 on 28 th January 2012			
NAME	EVENT	PB	
John Neale	200m	34.55	secs
	Triple Jump	7.06	metres
	Hammer	20.67	metres
Chris Shepherd	Shot Put	8.24	metres
Trenton Hawkins	Hammer	24.87	metres
Andrew Inchinoli	200m	34.35	secs
Najeebullah Barati	200m hurdles	35.47	secs
	Shot Put	8.16	metres
Brice Campbell	High Jump	1.54	metres
	400m hurdles	59.33	secs
	Triple Jump	10.05	metres
	Shot Put	7.06	metres
Thomas Wilson	Triple Jump	10.52	metres
Zach McCasker	Triple Jump	9.84	metres
	Shot Put	7.53	metres
Jamee-Leigh Colley	800m	3.37.97	metres
Hannah O'Neill	3000m	18.27.4	mins
Emily McDonough	200m	41.39	secs
	Shot Put	6.02	metres
	Triple Jump	6.18	metres
Chloe Grenade	200m	31.99	secs
	Triple Jump	8.28	metres
Taylah DeBono	Shot Put	10.10	metres
	Hammer	28.53	metres
	3000m	17.29.7	mins
Carly Leshia	Hammer	20.10	metres
	3000m	17.45.7	metres
Liam McDonough	Shot Put	4.91	metres
	Triple Jump	5.90	metres